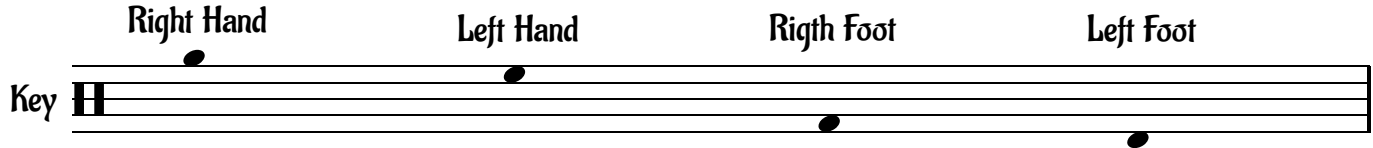


049.03

stickingpatterns.com



Use whatever techniques you've been taught.

First gain control, then increase speed.

If you want to achieve good results, work slowly.

049.03

stickingpatterns.com

