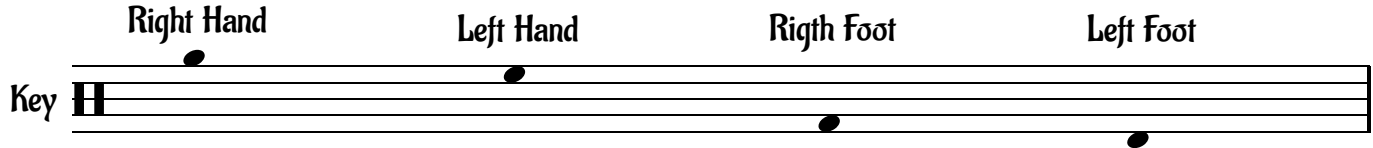


048.03

stickingpatterns.com



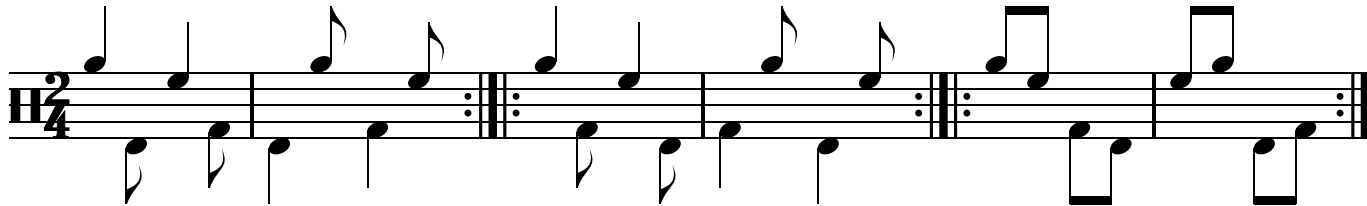
Use whatever techniques you've been taught.

First gain control, then increase speed.

If you want to achieve good results, work slowly.

048.03

stickingpatterns.com



048.03

stickingpatterns.com

