040.04

Right Hand   Left Hand   Rigth Foot   Left Foot

Key
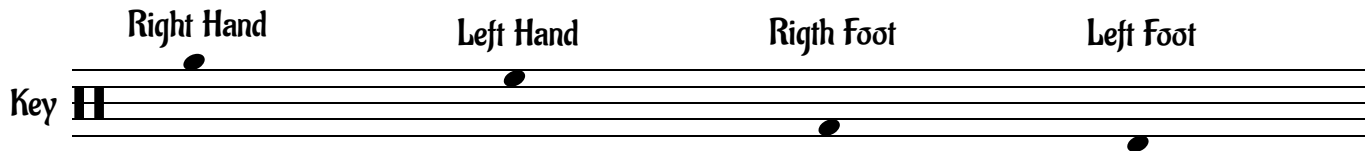
Use whatever techniques you've been taught.
First gain control, then increase speed.
If you want to achieve good results, work slowly.

040.04