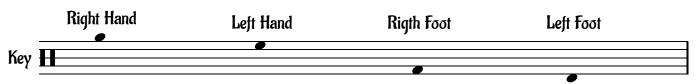
### # 011.02

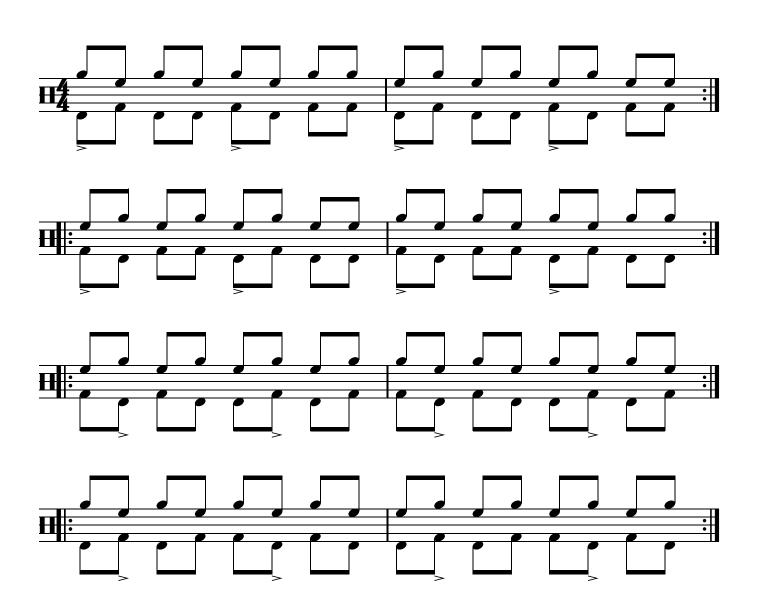
#### stickingpatterns.com



Use whatever techniques you've been taught.

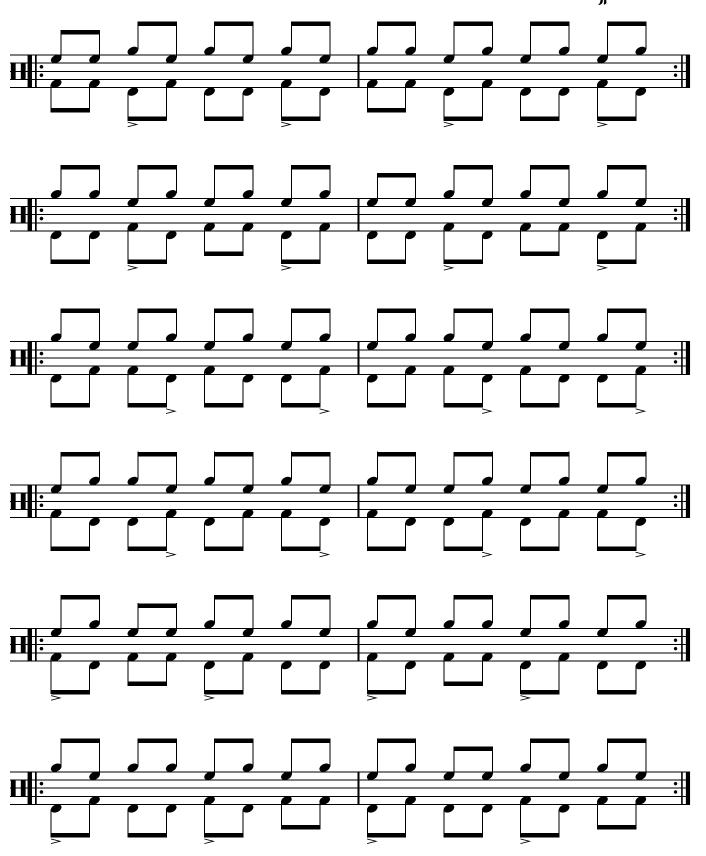
First gain control, then increase speed.

If you want to achieve good results, work slowly.



# # 011.02

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# # 011.02

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