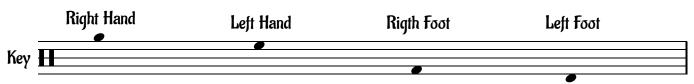
011.01

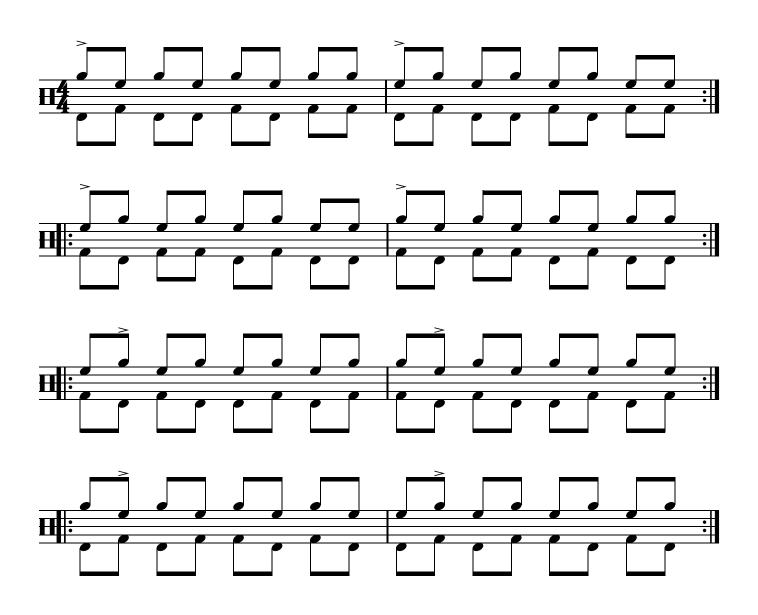
stickingpatterns.com



Use whatever techniques you've been taught.

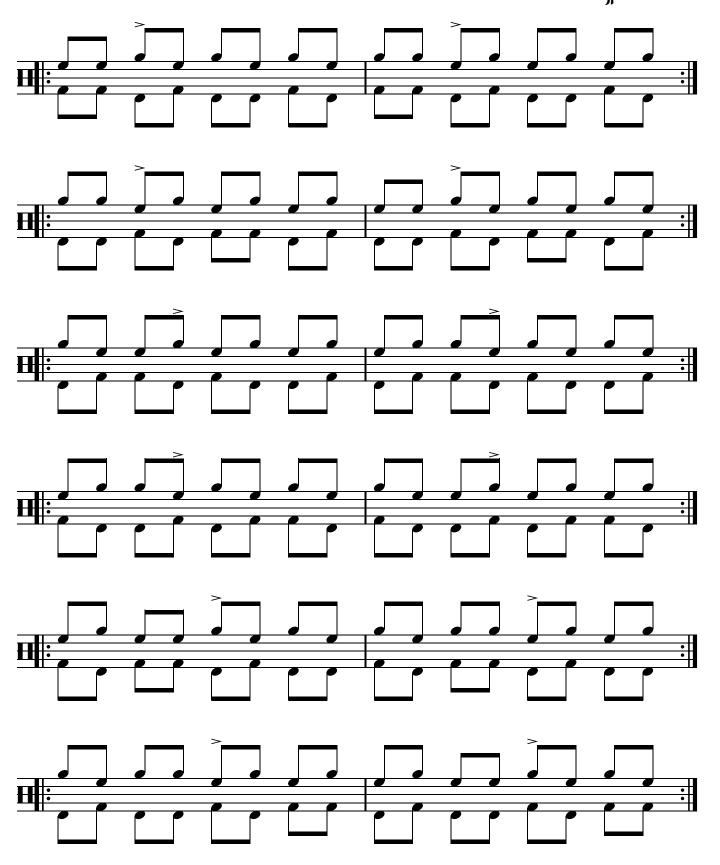
First gain control, then increase speed.

If you want to achieve good results, work slowly.



011.01

stickingpatterns.com



011.01

stickingpatterns.com

