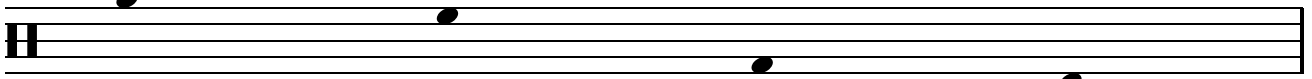


# # 009.03

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Right Hand                      Left Hand                      Righth Foot                      Left Foot

Key 

First gain control, then increase speed.  
Use whatever techniques you've been taught.  
If you want to achieve good results, work slowly.



# # 009.03

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