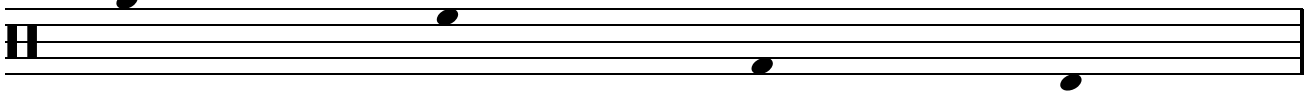


# # 006.01

stickingpatterns.com

Right Hand                      Left Hand                      Righth Foot                      Left Foot

Key 

First gain control, then increase speed.  
Use whatever techniques you've been taught.  
If you want to achieve good results, work slowly.



