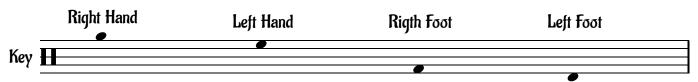
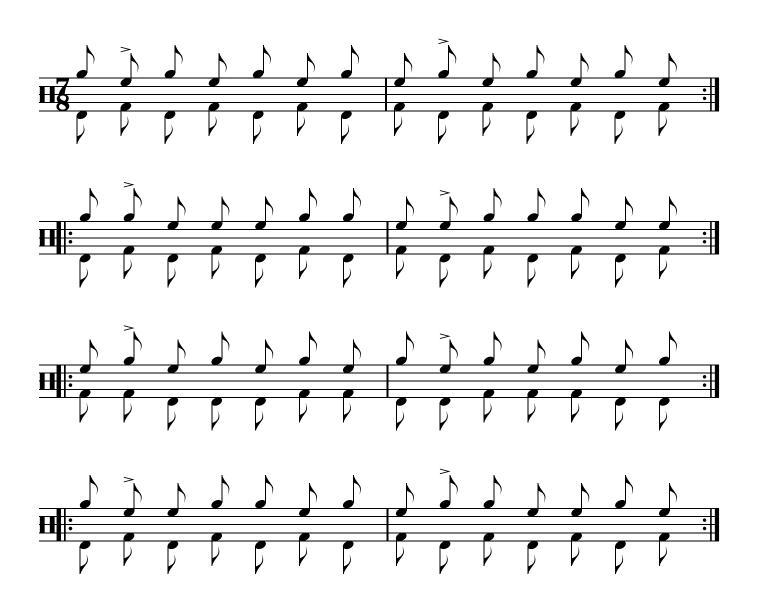
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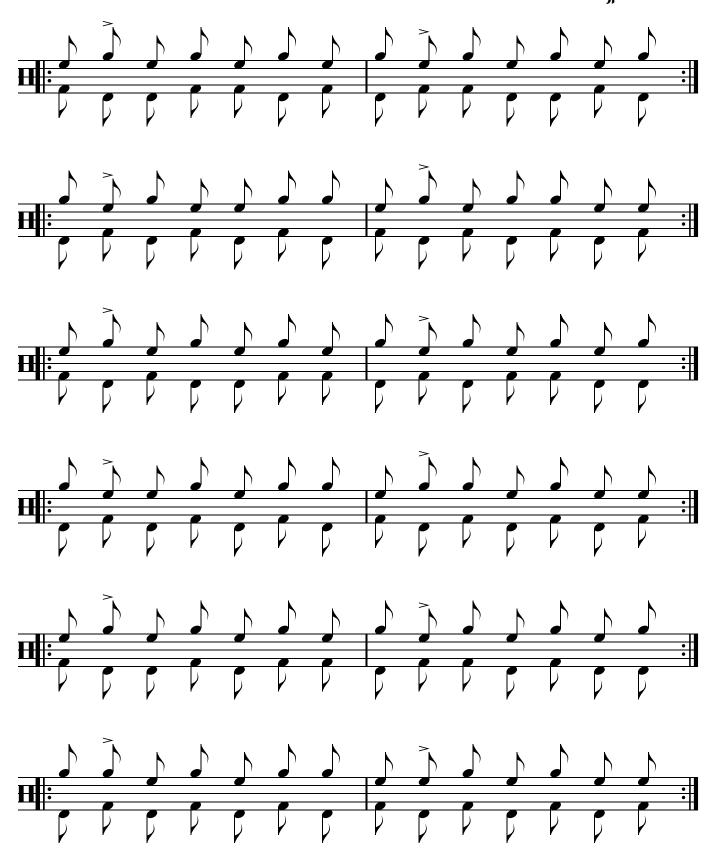


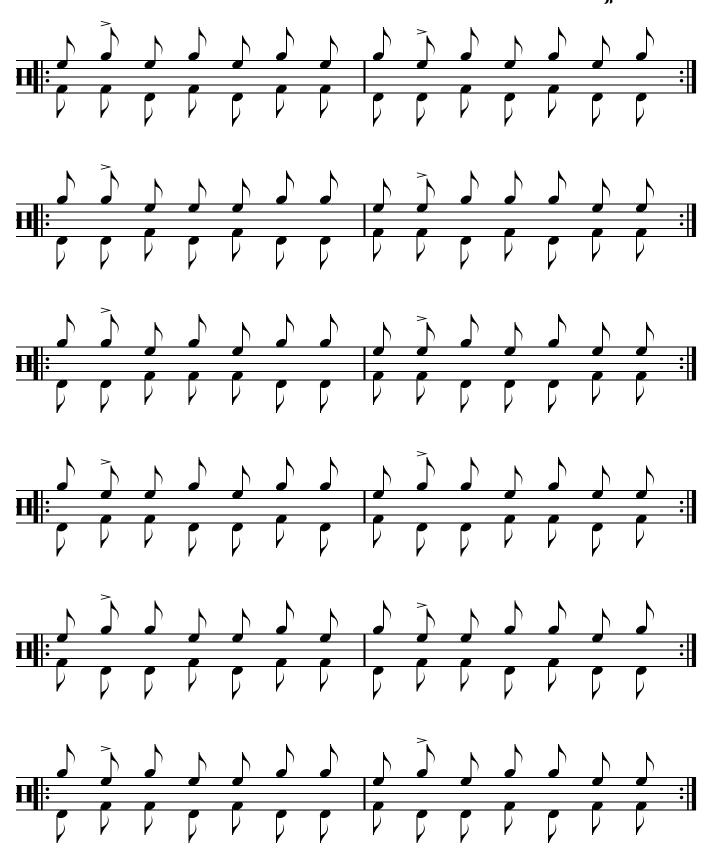
First gain control, then increase speed.

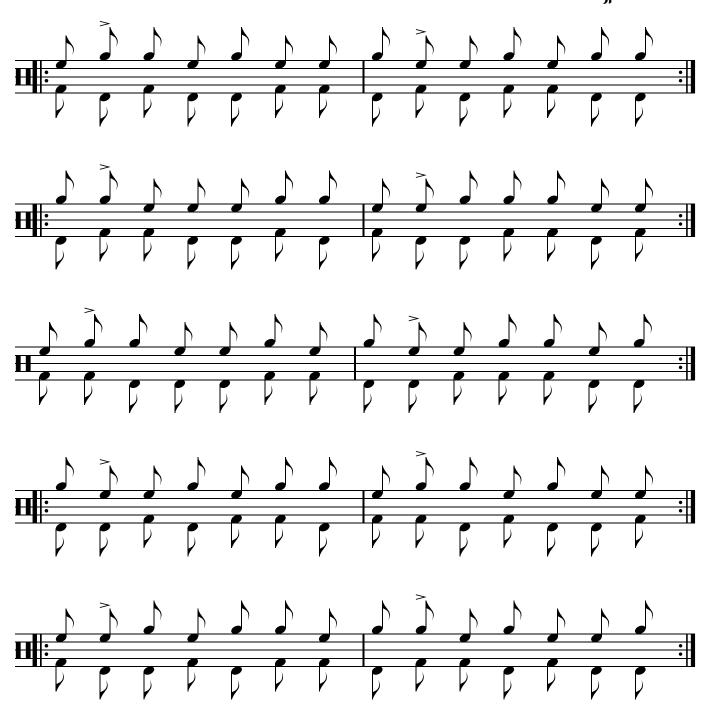
Use whatever techniques you've been taught.

If you want to achieve good results, work slowly.

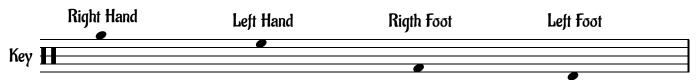








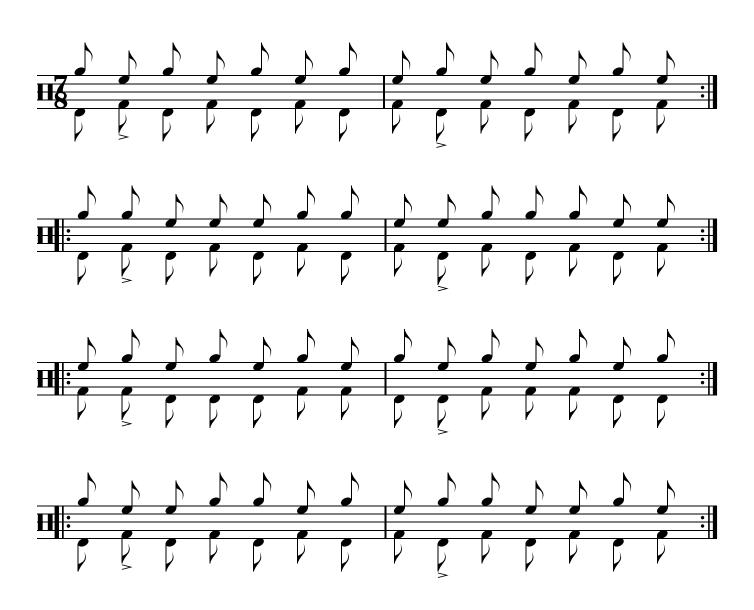
## stickingpatterns.com

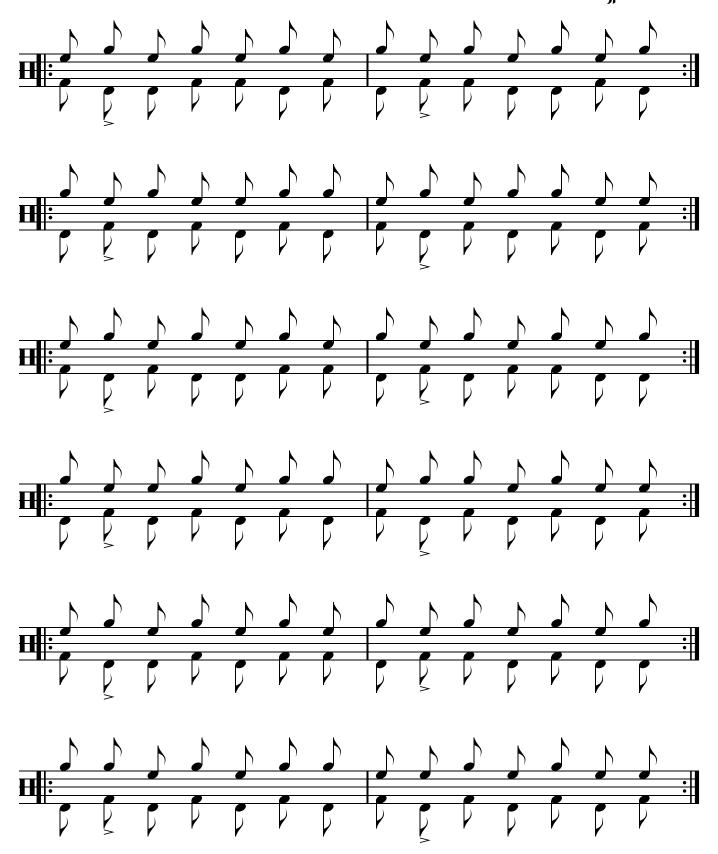


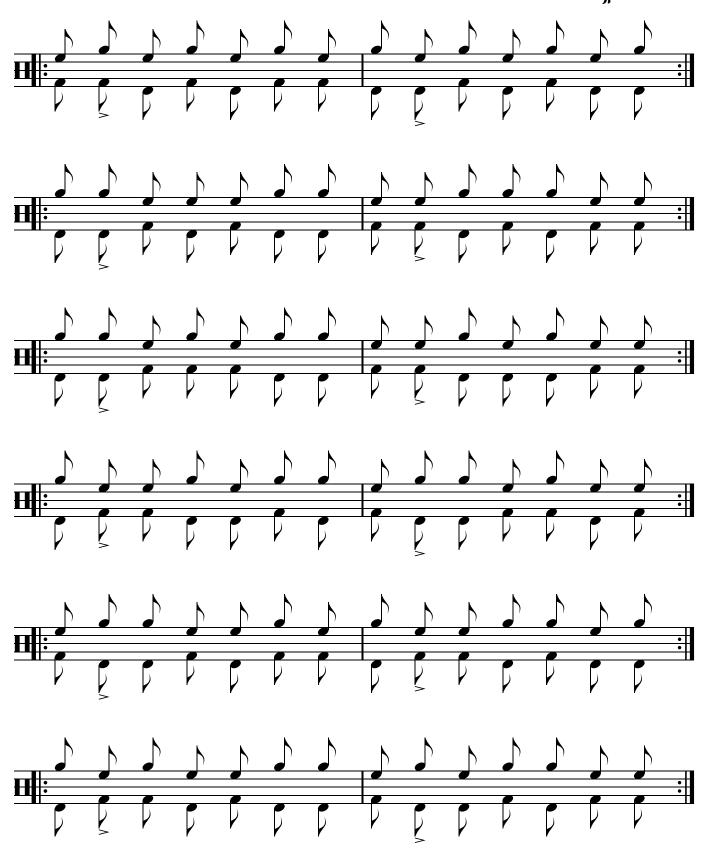
First gain control, then increase speed.

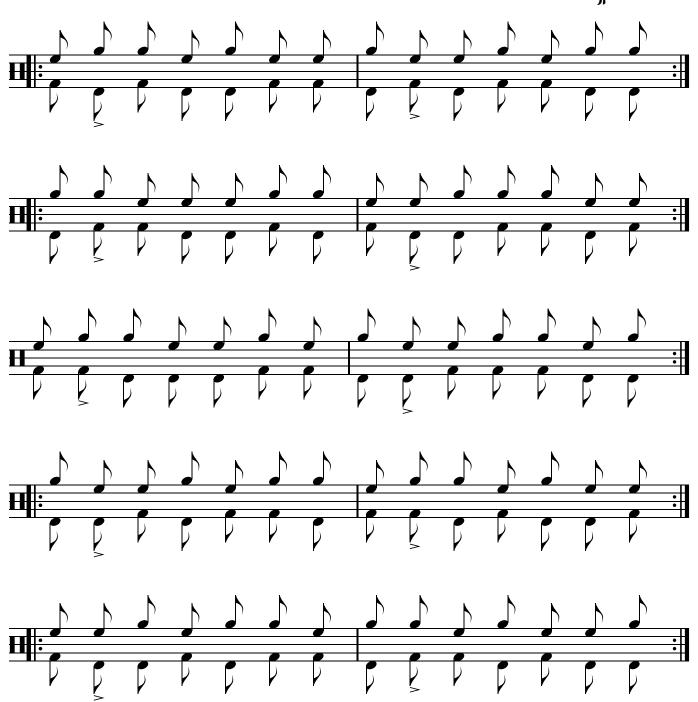
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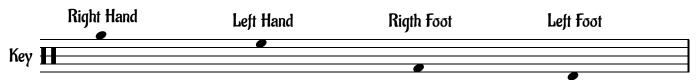








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