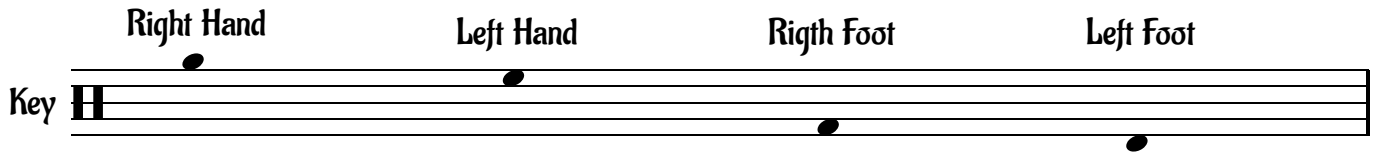


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Right Hand                      Left Hand                      Righth Foot                      Left Foot

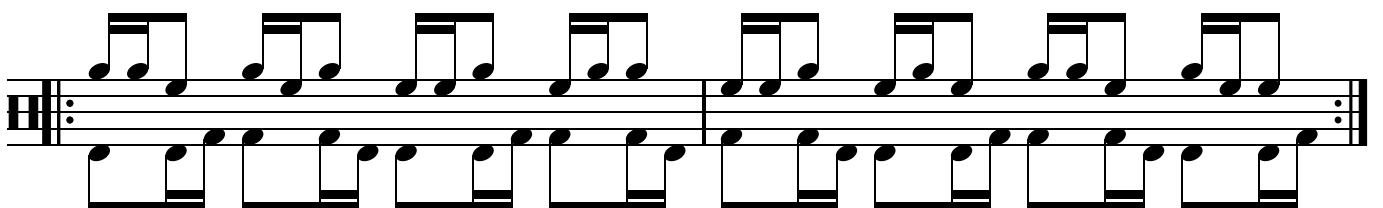
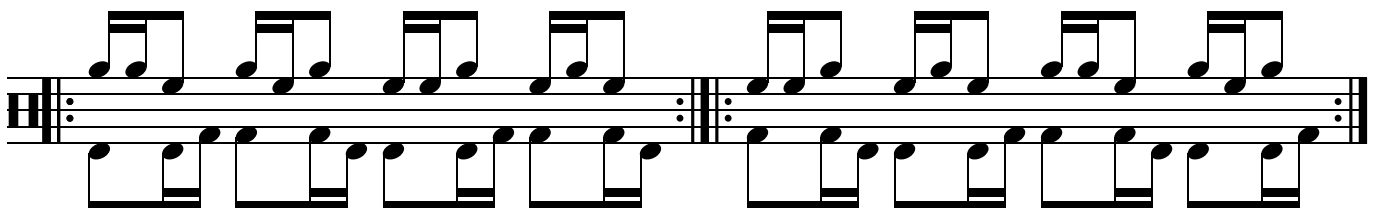
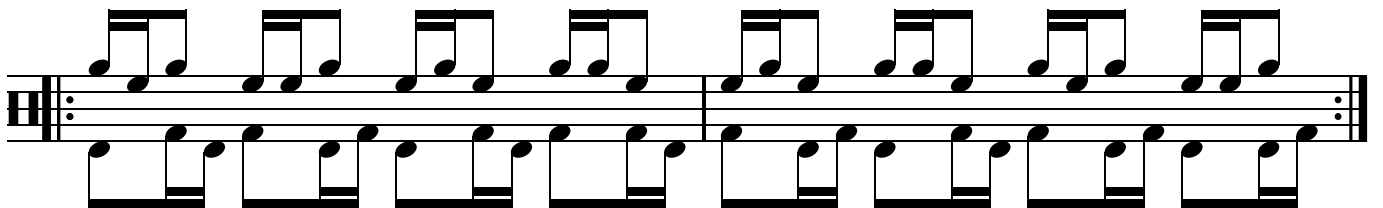
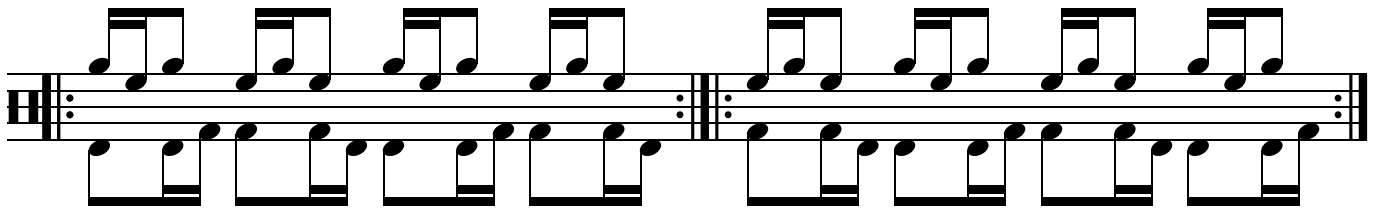
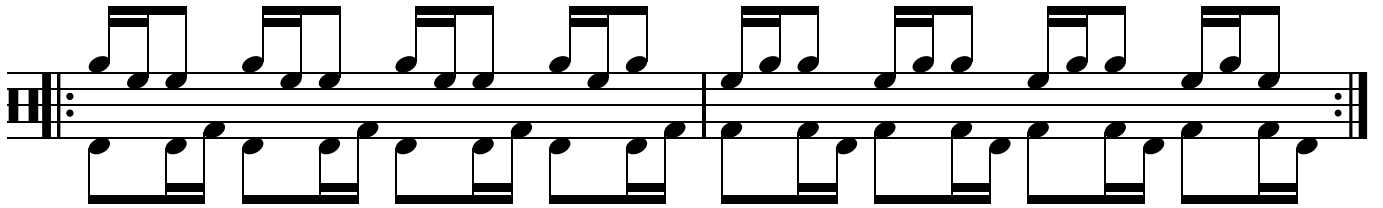
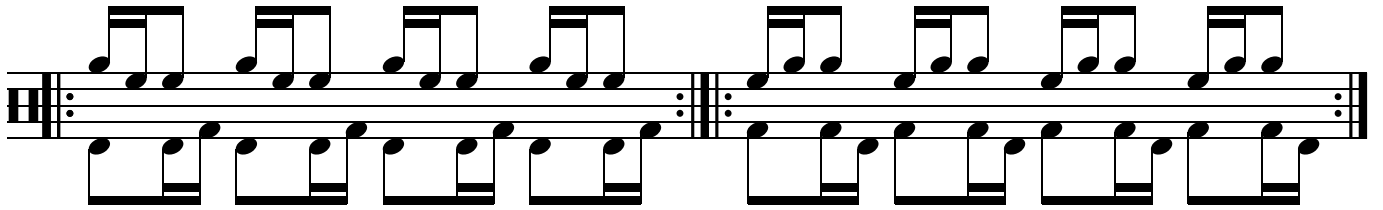
Key 

First gain control, then increase speed.  
Use whatever techniques you've been taught.  
If you want to achieve good results, work slowly.



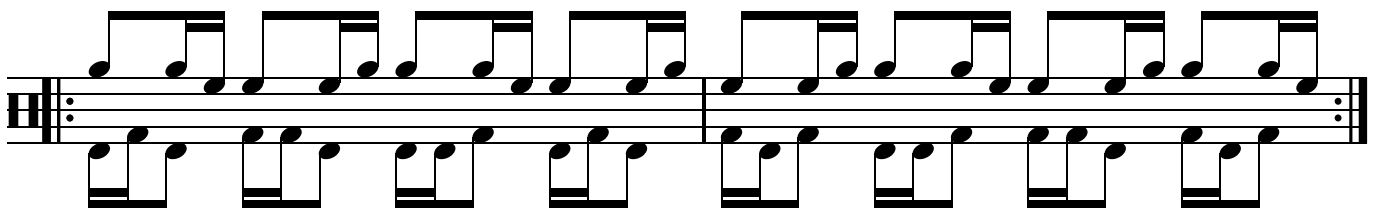
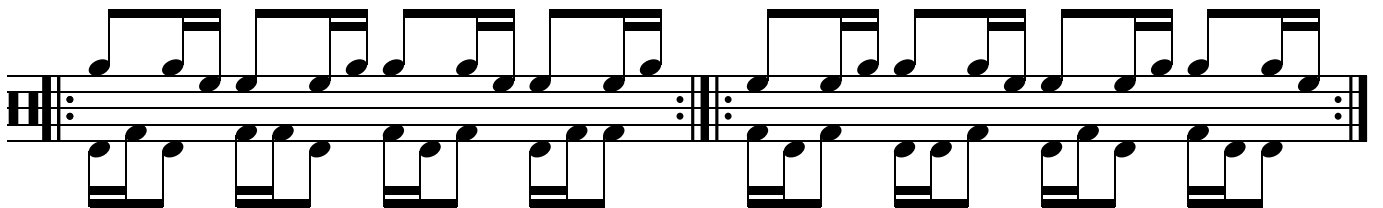
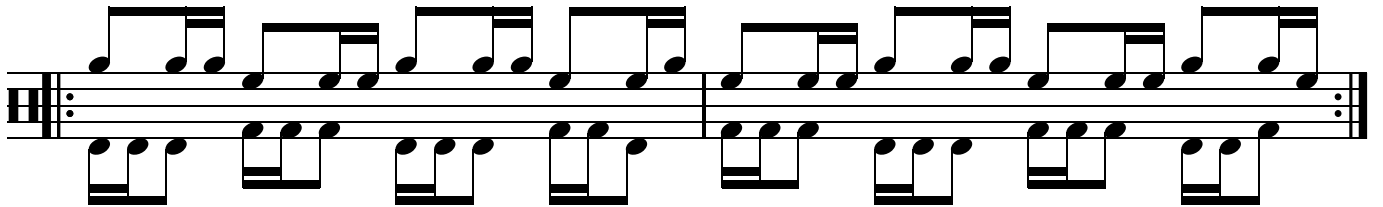
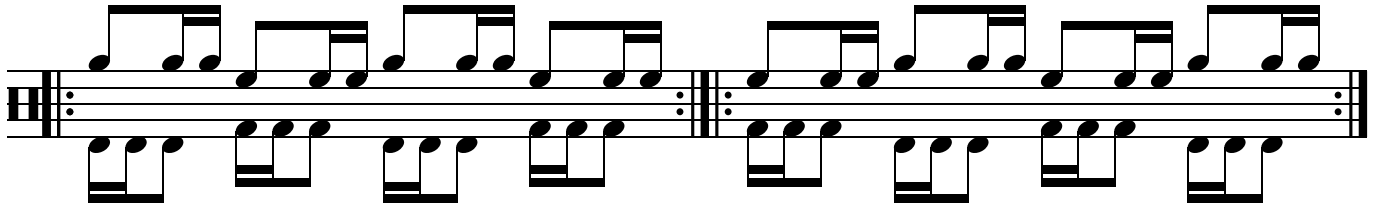
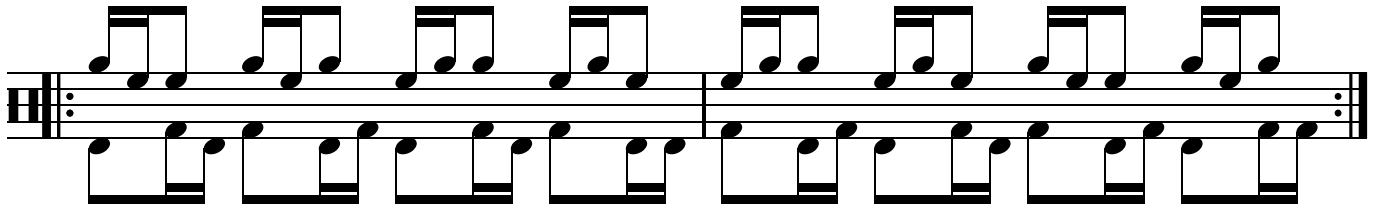
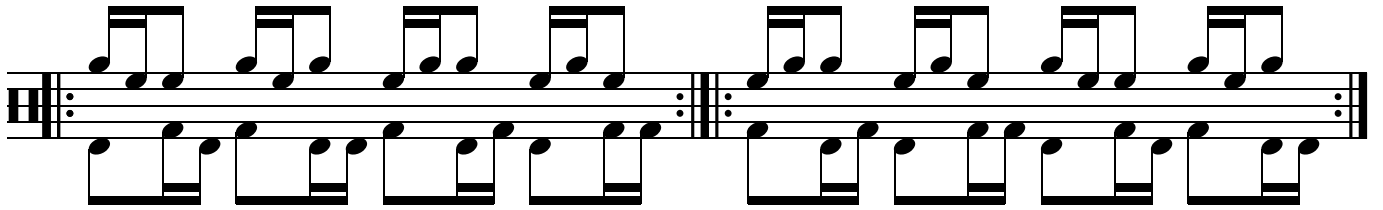
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